



## Fowler's Household Helps and Economy Book: Brimful of Tried and True Helps about the Home, Carefully Compiled, Classified and Indexed for Frequent Use (Classic Reprint)

By Arthur L Fowler

Forgotten Books, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Excerpt from Fowler's Household Helps and Economy Book: Brimful of Tried and True Helps About the Home, Carefully Compiled, Classified and Indexed for Frequent Use Bran Bread - Mix 3 cups bran flour and 3 rounded teaspoons baking powder; add 3 tablespoons molasses, 1 1/2 cups sweet milk and 1 tablespoon melted butter. After thorough mixing, pour in well-greased pan (use small pan to get best results). Smooth off top with spoon dipped in water, and set over a warm oven about 35 minutes to raise; then bake slowly about 45 minutes. Plenty of raisins added makes a delicious loaf. Try toasting bran bread for breakfast. For luncheon, spread bran bread with jam, jelly or honey. Peanut butter is also excellent on bran bread. Barley Flour War Bread - Use one cup each of white flour and barley flour and 1/2 cup of rice flour; one tablespoon shortening. 1/4 of a yeast cake, one tablespoon of sugar, one teaspoon salt, and one cup water or milk. This makes one loaf of very good bread. Old Fashioned...



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