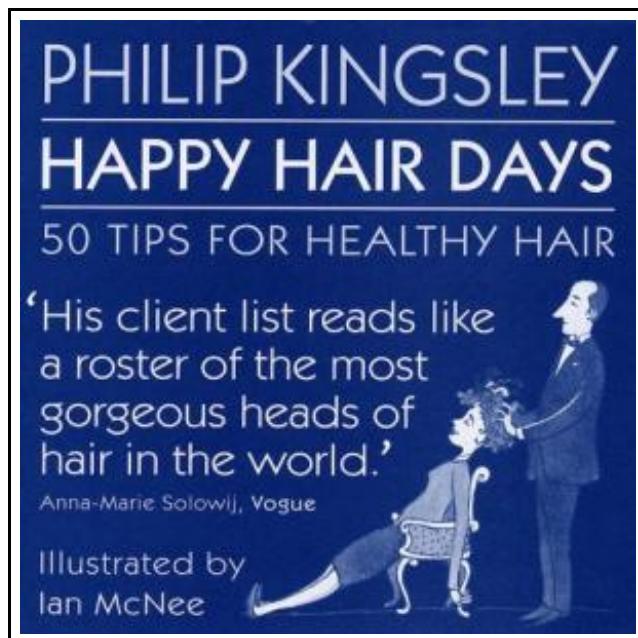


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HAPPY HAIR DAYS: 50 TIPS FOR HEALTHY HAIR

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Brubaker & Ford Ltd. Hardback. Book Condition: new. BRAND NEW, Happy Hair Days: 50 Tips for Healthy Hair, Philip Kingsley, Ian McNee, 50 tips for preserving and enhancing hair, by the world's 'Hair Guru'.A recent survey by shampoo manufacturers Pantene found that 89 per cent of women focus on their hair first when trying to look their best.Tricologist Philip Kingsley - the man who coined the phrase 'bad hair day' - is the world's expert on hair. With clinics in London and New York, he has a client list that includes celebrities, politicians and royalty - from Mick Jagger to Sigourney Weaver.Published to coincide with the fiftieth anniversary of Philip setting up as a tricologist, "Happy Hair Days" distils a lifetime of experience and gives fifty tips for preserving and improving hair. It also exposes many myths along the way.It also looks at questions such as: Does stress cause hair to fall out? Is dandruff dry scalp? Do blowdryers damage hair?Illustrated with two-tone cartoons throughout, "Happy Hair Days" communicates a wealth of advice in Philip's distinctive humorous and direct style.Whether you consider your hair to be your crowning glory or a problem that is going away all too fast, this book will provide you with practical advice that can be put to immediate beneficial use.

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