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Wrestling Grandpa A Medley of Articles to Enlighten, Entertain and Aid Seniors

By Tait Trussell

Sozo Media Group. Paperback. Book Condition: New. Paperback. 184 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. **Wrestling Grandpa:** The purpose of this book is to inform, entertain and help seniors understand themselves and developments that influence their lives as they advance in age. The reason I feel qualified to provide this information is that I am an old guy myself, have become intrigued with the day-to-day problems, thoughts, interests and even fears of seniors. And I have come to realize how much we are the same and yet how different we all are. One of the articles included in this collection is entitled *Wrestling Grandpa*. This mix of articles has been selected from more than 2,000 I have written. You will find subjects ranging from the links between religion and health to my interviews with Presidents, to ways to live longer and healthier lives. As a national award-winner writer, I've written on a variety of subjects for dozens of different publications. In *Wrestling Grandpa*, I have selected over 50 articles to inform and engage you. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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