



Women's Encyclopedia of Natural Medicine: Alternative Therapies and Integrative Medicine for Total Health and Wellness (2nd Revised edition)

By Tori Hudson

McGraw-Hill Education - Europe. Paperback. Book Condition: new. BRAND NEW, Women's Encyclopedia of Natural Medicine: Alternative Therapies and Integrative Medicine for Total Health and Wellness (2nd Revised edition), Tori Hudson, Use the power of nature to heal your body and enjoy a lifetime of good health In Women's Encyclopedia of Natural Medicine, naturopathic physician Tori Hudson shows you how to safely and effectively combine conventional and natural medicine to maintain health and address specific medical conditions. Her groundbreaking work offers sound information on complementary therapies such as bio-identical hormones, vitamin supplementation, herbs, diet, and exercise and helps you make informed choices about your health. Learn how to: Treat a whole range of female health issues, from contraception to menopause, heart conditions to infections Safely integrate alternative therapies with traditional medicine Determine when you should seek a practitioner's help And much more Compassionate and authoritative, Women's Encyclopedia of Natural Medicine demonstrates that an informed, integrative approach to staying well is often the best medicine. "This is a book that should be in every woman's health library and every alternative practitioner's library. It is a resource for the new breed of conventional practitioners who are open to a more integrative health-care system."...



[DOWNLOAD PDF](#)



[READ ONLINE](#)

Reviews

The publication is easy in read through safer to comprehend. It is actually loaded with wisdom and knowledge Its been printed in an extremely simple way and is particularly simply right after i finished reading through this pdf where actually modified me, affect the way i believe.

-- Ms. Clementina Cole V

This is the very best publication i have got read until now. It is definitely simplified but shocks within the fifty percent of the pdf. You may like how the article writer create this pdf.

-- Rosario Durgan