



As a Man Thinketh: 7 Simple Steps to Transforming Your Life

By Associate Professor of Philosophy James Allen

Createspace, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.A practical guide to finding success and direction in life James Allen shows how to master your thoughts to create the life you want. Allen shows how to be aware of conscious and unconscious thoughts and how they shape the life you live. His timeless advice provides clear explanations and ideas for self improvement. The title, As a man thinketh is inspired by a verse in the Bible from the Book of Proverbs chapter 23 verse 7 - As a man thinketh in his heart, so is he. The principles and steps put forward by James Allen are recommended for anyone who wants to improve their current situation and create success. Within this concise book Allen shows: How circumstances cannot be controlled, but thoughts and actions can be How to enable positive thinking and actions Actionable steps to take control your of your destiny About James Allen James Allen was a British philosophical writer known for his inspirational books and poetry and as a pioneer of the self-help movement, he was born in Leicester, England, into a working-class...



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